



The *Lighted Chalice* is a UUCTC Publication

March 2018

Lighted Chalice

Transition By Randy Myer



At the Board of Trustees meeting on Tuesday the 13th, the board had a teleconference with Lisa Presley of UUA Mid-America region. She will be our main contact for the ministerial transition that we are entering.

She stressed that there is a distinct “season“ for ministerial changes with a timeline and a series of milestones. This season runs from

March – April through July with most new ministers taking up their positions starting in August.

The webmasters of the UUCTC Website have added a section, “Ministerial Transition” that will be used to update everyone on this process. The first addition to this section is the UUA’s **Ministerial Transition Handbook** which can be read online or downloaded. This handbook does an excellent job of explaining how the process works in some detail. Other documents relating to the transition will be added here as they are developed or available.

This is part of a larger effort to make information more readily available to our community through our website. Thanks very much to Alice Pawley and Steve Moss for setting this up with help from others gathering the necessary documents, most notably Dorothy Hughes.

Remember to visit
uuctc.org
and click on
Ministerial Transition

A Look Inside>>>>

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Acknowledge and Accept: Pay attention to the feelings you are experiencing right now, no matter what they are. Simply acknowledge the feelings and accept them.

Bubble Breathing: As you inhale deeply and air flows into your lungs, imagine a bubble being filled with air. As you exhale slowly blowing the air out of your lungs, imagine bubbles calmly floating away in the air.

Compassion Break: Take a break from what you are doing and think of a way to show yourself love and compassion.

Daily Intentions: Take a few minutes and focus on what you want to accomplish today. Imagine yourself doing these things. What steps will you need to take?

Eating Mindfully: As you eat, close your eyes and focus inward. Chew slowly paying attention to how the food tastes on your tongue. Savor each bite.

Focused Body Scan: Scan your body and notice where you feel tension, peace, warmth, and other feelings. Start with your head and go all the way to the tips of your fingers and toes.

Gratitude Exercise: Think of something you are truly grateful for and picture it. Experience the gratitude throughout your mind and body.

Hug it Out: Wrap your arms around yourself and give yourself a big hug.

Inhale, Exhale: Focus on your breathing as you inhale and exhale for 7 counts. Inhale positive energy and exhale tension.

Journal: Take the time to journal your feelings, thoughts, doodles, and ideas. Let them flow freely on paper.

Kindness Flow: Think of the last time someone did an act of kindness for you, or you for them.

Listen and Notice: Pay attention to your senses. What sights, sounds, smells, and feelings are you experiencing?

Mindful Melt: Imagine that you are a snowperson on the beach. Imagine your body melting into that space.

Nostril Swap: Take turns plugging one nostril as you take a 7 count breath with the other nostril.

Object Focus: Choose one object in the room. What do you notice about the object? Focus on your senses in relation to that object.

Play Dough Roll: Squeeze, roll, and knead play dough in your hands as you relax your mind. What sensations do you experience?

Quick Vacation: Think of a peaceful place you've visited or seen in pictures. Take a quick vacation to this spot in your mind.

Receive a Compliment: This activity should be done with a partner (friend or family member). Sit across from each other and take turns receiving and accepting compliments.

Senses Exploration: Focus on each of your senses one at a time (touch, taste, sight, sound, smell)

Tense and Release: Squeeze your face tightly and hold for 5 seconds before release. Repeat with your shoulders, fists, legs, and feet.

Undivided Attention: Choose a task that you need to accomplish today and give it your full attention.

Value the Moment: Focus on what you value about a particular moment and reflect on those feelings.

Write Freely: Get your thoughts and doodles on paper. Let your ideas flow freely.

eXpress Joy: What are the things, people, places that bring you joy? Focus on them.

Yoga: Practice some poses such as tree, chair, and flamingo.

Zen Doodling: Use a mandala coloring page or blank paper and doodle freely.

The Promise of Spring

The promise of spring is muddy.
It melts and refreezes as it pleases.
Hopes get chilled like a frozen crocus.
False starts and winter's last gasp
Brings an uncertainty to new beginnings.
But begin we must,
We adjust to inevitable change
Preparing for an uncertain future.
Muddled we march in the mud of March
Trudging through the trials and tribulations.
We sow a selection of seeds,
Not knowing which crops will thrive,
Unaware if summer will be wet or dry.
We gamble with our options.
We hedge our bets.
Yet let us heed our hopes
And feed our need for something better.
Or rain will merely be tears.
With the wind as a suffering sigh.
Face the mud.
Embrace the mud.
Let not the promise of spring pass us by.

Blessings,
Rev. Charlie

NURSERY

Christina Wright

Spring is coming! Or so my kids think. The weather lately has them pretty uncertain of what to expect. On the “warmer” days they are trying to sneak out in T-shirts. The next day, it seems, we are back to winter coats, boots, hats, gloves, and scarves.

Recently, I have decided that I prefer drying snowy clothes and serving hot cocoa to repetitively mopping up muddy paw prints and scrubbing dirt out of clothes!

They are having fun, though... and truly, that is all that matters.

Dirt on My Shirt

There's dirt on my shirt
And leaves in my hair
There's mud on my boots
But I don't care

Playing outside is so much fun
To breathe the clean air
And feel the warm sun

To stomp in a puddle
Or climb a big tree
Makes me quite happy
Just look and you'll see!

—Jeff Foxworthy

UUCTC Community Picnic

June 3rd

Mark your calendars!

Contact Jada Haughey, Membership Chair
For volunteer opportunities,
Membership@uuctc.org



Donate Online

By Webspinners and Finance Committees

We are pleased to announce that our online platform for making your offerings to church is now operational. The platform offers two options for online payments:

- Using a credit card (the church

will be charged a processing fee)

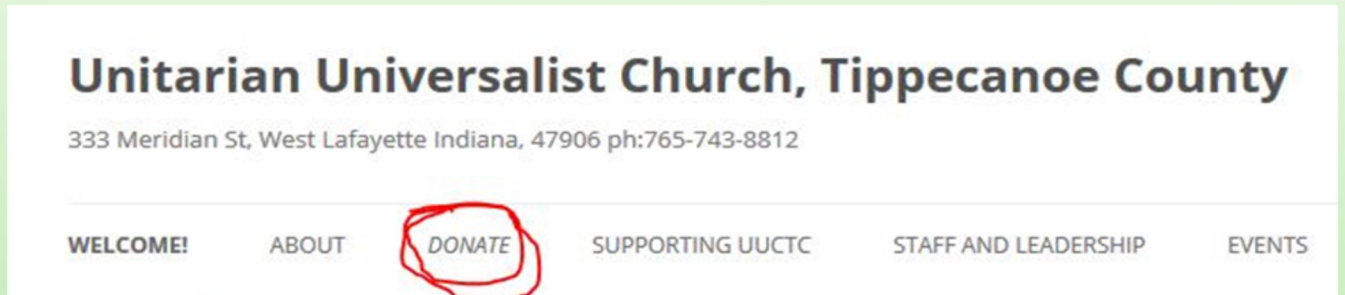
- Setting up an automatic withdrawal from your bank account (there will be no cost to the church for this service).

The next option is choosing one time donations, or setting up a recurring schedule. This program

offers convenience to you and donation consistency for our congregation. You can donate

process.

Again I offer deep thanks to Alice Pawley and Janice Kritchevsky for



toward your pledge, Change 4 Change, or building use.

You can start by going to our website uuctc.org and clicking the "Donate" button near the top of the page. There is a handy video that will walk you through the set up

following through to make the online payment system happen.

Please contact Alice Pawley (communications@uuctc.org) if you have any questions. Thank you for your continued support of our church!

Who Is MWLS For?

By Dorothy Hughes

Adult School - Are you currently—or soon to be—in an active lay leadership role? Do you want to know more about consensus building or conflict management, congregational growth, or social justice issues? If you answered yes to any of these questions, then MWLS - Adult School is for you!

Youth School - An opportunity for youth entering grades 9-12 to develop leadership skills, MWLS operates at the same time as MWLS - Adult School. Some activities, such as multi-generational worship experiences,

are shared between the schools.

WHO Should Attend Youth MWLS?

Students should be motivated to learn and engage. They should be able to manage their time and needs in an environment that includes long days filled with group and individual learning opportunities along with theological reflection. Youth entering grades 9-12 may attend; youth grades 10-11 are especially encouraged. Congregations sending adult students would especially benefit from

sending youth!

UU Midwest Leadership School Testimony from a parent perspective by Kirsten Reynolds:

Our interim minister at the time, Rev. Marlene Walker, suggested that I send my son Jack through an Outward-Bound course. 1) I knew that I could not afford to do so; I seriously doubted that I would qualify for a scholarship. I work in financial aid; I am familiar with need guidelines. 2) I was terrified of sending Jack away for any amount of time by himself.

(Continued to page 9)

Ever wonder how articles find their way into the *Lighted Chalice*? By Dorothy Hughes

As demonstrated so well last month with our “Stand for Love, Sing for Justice” response to banners vandalizing our facility, our church is doing great things within the church and with the community. Many generate comments/posts/likes/shares on the UUCTC Facebook page in real time <https://www.facebook.com/groups/uunwci/>. It’s a great venue for sharing out stories.

What about our congregants who do not use social media? What about having a historical record in our own church archives? For example, no one stepped up to document the

welcome-back reception for our minister last summer. You might ask, “How did that happen?”



The organizers of events had their hands full getting the events planned and executed. It is hardly fair to expect them to follow up with writing an article for the newsletter. Some of them go above the call of duty and submit an article for the *Lighted Chalice*.

Other articles currently appear in the *Lighted Chalice* due to someone passionate enough to step up and put together an article about an event. You do not have to be a Pulitzer Prize caliber writer. It would be great if we could begin to document our history in our newsletter. We definitely have much to be proud of!

If you can contribute to our community by writing an article for the *Lighted Chalice*, please contact Program Council Chair Dorothy Hughes at djhugheslmhc@gmail.com or 765-237-7652.

SJ + UUCTC = Caring in Action By Social Justice



While the January weather was cold and harsh, the opposite was true of our UU congregants as we provided much needed items to the YWCA shelter for women and

children who are victims of family violence. During the first month of

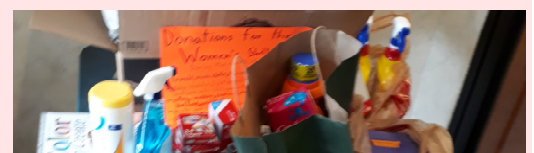
take with them as they leave the shelter.

“Our prime purpose in this life is to help others...”

—Dalai Lama

the year, our members and friends donated cleaning supplies, shampoo and other toiletries, sheets, plastic containers and a variety of household goods for residents to

Thanks again to all who contributed to our collection.



An Awakening...

A Preview of Forum and Worship

March 4th at 9:00AM

Speaker: **Katy O'Malley Bunder**

Topic: **Non-Toxic Charities**

In recent years, there has been a trend to label some charities “toxic” implying that they discourage able-bodied people from seeking employment and becoming self-sufficient. Katy Bunder, Food Finders CEO, will discuss the myths and realities of this theory and offer advice on differentiating between a toxic and non-toxic charity.

March 11th at 9:00AM

Speaker: **Sue Scholer**

We are just organizing a group of women in the League of Women Voters interested in doing these presentations and I would be interested to include one of them. We have some interesting videos of different lengths. They tell the story of existing problems with our system.

March 18th at 9:00AM

Speaker: **Nadine Dolby**

Topic: **Animals in Our Lives: The Changing Status of Pets**

March 25th at 9:00AM

Speaker: **Ashley Williams**

Topic: **TBD**

March 4th at 10:30AM

Speaker: **Rev. D. Charles Davis**

Topic: **Fannie Barrier William**

This African American Universalist Activist was the only person of color to speak at Susan B. Anthony's funeral. She helped found Provident hospital in Chicago. It was the only hospital that served black people for years and where my wife was born,

March 11th at 10:30AM

Speaker: **Rev. D. Charles Davis**

Topic: **Susan B Anthony**

19th century abolitionist and tireless advocate for women's suffrage. She taught us that “Failure is impossible”

March 18th at 10:30AM

Speaker: **Rev. D. Charles Davis**

Topic: **Dorothea Dix**

Mental health reformer. She advocates for those who were warehoused in insane asylums in the 19th century

March 25th at 10:30AM

Speaker: **Bill Welge**

Topic: **Redefining the Free Will Paradox**

As an agnostic, I have ceased to ponder whether an all knowing supreme being could rule out human free will. The possibility posed by modern neuroscience, that the subconscious mind may dominate our choices and actions, seems far more interesting.

Ostara (Spring Equinox) Service

March 23, 2018 at 7:00 p.m. Forum Room

A Family Friendly Service

Contact Kirsten Reynolds if you have questions kirstenskits@gmail.com

UUCTC March 2018 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
					1 3:30 PM Youth Home-work Club 5:00 PM West Lafayette Zen Group (M) 6:00 PM Finance Committee (102)	2 7:30 AM Tai Chi Qi Gong (FH) 12:00 PM A/A (FH)	3 7:30 AM West Lafayette Zen Group (M)
4 9:00 AM Forum (101) 10:30 AM Worship & RE 10:30 AM Youth Meeting (6th-12th graders) 11:45 AM POTLUCK SUNDAY! 12:30 PM YoUUnG Adult (102) 12:45 PM Membership Committee CALL OUT, (101/103) 6:00 PM UUCTC Social Justice (101/103)	5 7:30 AM Tai Chi Qi Gong (FH) 12:00 PM A/A (FH) 7:00 PM LIMC (103) 7:00 PM Spiritual Exp Group "AA" (FH)	6 12:00 PM A/A (FH) 3:30 PM Youth Home-work Club 6:00 PM Program Council (First Tuesdays, 101) 7:00 PM Lafayette Chamber Singers Rehearsal (S)	7 7:30 AM Tai Chi Qi Gong (FH) 7:00 PM Blue Moon Rising Practice (FH)	8 3:30 PM Youth Home-work Club 5:00 PM West Lafayette Zen Group (M) 5:30 PM Worship and Music Committee (101/3)	9 7:30 AM Tai Chi Qi Gong (FH) 12:00 PM A/A (FH)	10 7:30 AM West Lafayette Zen Group (M)	
11 9:00 AM Forum (101) 10:30 AM Worship & RE 10:30 AM Youth Meeting (6th-12th graders) 12:30 PM YoUUnG Adult (102) 1:00 PM Indiana Gluten Intolerance Support Team (IGIST) (101/103) 1:00 PM UUCTC Freezer Meal Interest Group-- (FH & K)	12 7:30 AM Tai Chi Qi Gong (FH) 12:00 PM A/A (FH) 7:00 PM LIMC (103) 7:00 PM Spiritual Exp Group "AA" (FH)	13 12:00 PM A/A (FH) 3:30 PM Youth Home-work Club 5:30 PM Pastoral Care (102) 7:00 PM BOARD MEETING (2nd Tuesdays, 101) 7:00 PM Lafayette Chamber Singers Rehearsal (S)	14 7:30 AM Tai Chi Qi Gong (FH) 7:00 PM Greater Lafayette ACLU (214)	15 3:30 PM Youth Home-work Club 5:00 PM West Lafayette Zen Group (M)	16 7:30 AM Tai Chi Qi Gong (FH) 12:00 PM A/A (FH)	17 7:30 AM West Lafayette Zen Group (M)	
18 9:00 AM Forum (101) 10:30 AM Worship & RE 10:30 AM Youth Meeting (6th-12th graders) 12:30 PM YoUUnG Adult (102)	19 7:30 AM Tai Chi Qi Gong (FH) 12:00 PM A/A (FH) 7:00 PM Committee on Ministry (Off-Campus) 7:00 PM LIMC (103) 7:00 PM Spiritual Exp Group "AA" (FH)	20 12:00 PM A/A (FH) 3:30 PM Youth Home-work Club 6:00 PM Safety Committee (102) 7:00 PM Lafayette Chamber Singers Rehearsal (S)	21 7:30 AM Tai Chi Qi Gong (FH) 9:30 AM Old Tippecanoe Quilt Guild (FH) 7:00 PM Blue Moon Rising Practice (FH)	22 3:30 PM Youth Home-work Club 5:00 PM West Lafayette Zen Group (M)	23 Ostara, the Spring Equinox (101/103) 7:30 AM Tai Chi Qi Gong (FH) 12:00 PM A/A (FH)	24 7:30 AM West Lafayette Zen Group (M) 10:00 AM Membership Class(101/103)	
25 9:00 AM Forum (101) 10:30 AM Worship & RE 10:30 AM Youth Meeting (6th-12th graders) 12:30 PM YoUUnG Adult (102)	26 7:30 AM Tai Chi Qi Gong (FH) 12:00 PM A/A (FH) 7:00 PM LIMC (103) 7:00 PM Spiritual Exp Group "AA" (FH)	27 12:00 PM A/A (FH) 3:30 PM Youth Home-work Club 7:00 PM Lafayette Chamber Singers Rehearsal (S)	28 7:30 AM Tai Chi Qi Gong (FH) 9:30 AM Old Tippecanoe Quilt Guild (FH) 7:00 PM Blue Moon Rising Practice (FH)	29 3:30 PM Youth Home-work Club 5:00 PM West Lafayette Zen Group (M)	30 7:30 AM Tai Chi Qi Gong (FH) 12:00 PM A/A (FH)	31 7:30 AM West Lafayette Zen Group (M)	

UUCTC Membership

Adapted from the UUCTC's By-laws
by Dorothy Hughes



How does one become a member of UUCTC?

Membership in this church is open to any person, 16 years or older, who is in sympathy with the Principles and Purposes of Unitarian Universalism, who signs the Membership Book in the presence of the Minister or a member of the Board of Trustees, who completes a pledge card committing an annual financial contribution, and who agrees to help with one or more church tasks or activities each year.

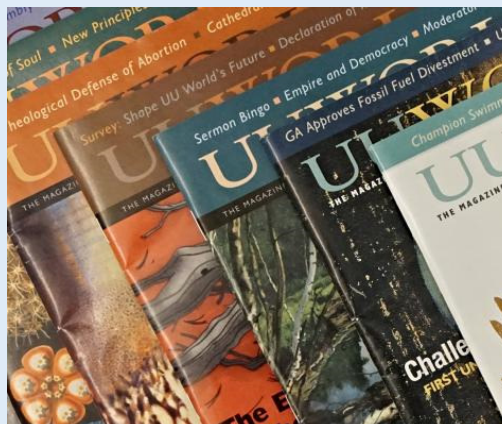
How does one arrange to sign the Membership book?

Many people sign the Membership Book at the end of taking a membership class. The class is not mandatory, but it is recommended. An individual may also ask the minister or a member of the Board of Trustees to witness them signing the book. New members are also expected to complete a pledge card.

What are the benefits of membership?

The benefits of membership are:

- Opportunities to serve on the Board of Trustees, Committee on Ministry, or Nominating or Endowment Committees
- After 30 days of membership you may:
 - ◊ vote at congregational meetings
 - ◊ hold elected or appointed office
 - ◊ represent UUCTC at district or national meetings
- Ministerial services for funeral, marriage or child dedication services [no charge]
- Use of the facility for funeral or memorial services [no charge]
- Discounted fee for building use for private events
- UU World magazine subscription



How does one maintain membership status at UUCTC?

To retain membership status members are expected to make and fulfill an annual pledge to contributing financially and to help with one or more tasks or activities. The Board may grant exceptions to

these requirements.

Why does it matter how many members UUCTC has?

The UUA requires member congregations to pay a fee for each member, so keeping the member count as accurate as possible saves UUCTC from paying member dues for those who are inactive or who no longer contribute to the church.

What happens when I do not complete a pledge card?

If a member has not fulfilled the membership agreements (annual pledge + volunteer) for a period of at least one year, the Board Secretary attempts to contact the member to learn about his/her circumstances and intent concerning future fulfillment. It is at the Board's discretion whether or not to cancel membership. Reinstatement requires re-signing the Membership Book and completing a pledge card.

What if I cannot afford to make a pledge?

UUCTC requires no mandatory minimum pledge or 'tithe'. We do ask that you give thoughtful consideration to what and how you can contribute your time, talent and treasure to the UUCTC community. We are called to contribute in all three categories as best we can. The fact that we may volunteer a lot or provide special talents does not lessen our responsibility to provide

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MWLS *(Continued from page 4)*

During Jack's summer between his freshman and sophomore year, I was extended the opportunity to send Jack to the UU Midwest Leadership School. Though it was only a week, I was still terrified of sending him. I only agreed because Sheila Garret, our former DRE, was also attending the adult section. It was one of the best decisions I ever made. The school did not turn Jack into a model student or a model child. What it did instead was open Jack's eyes and heart to his talents and passions. I could see the change immediately upon his return. He came back believing in himself and the importance of contributing to his

community. He became a leader at his school. He was part of a few student/school administrator collaborative committees. He was a student leader in his band class. He is an active member of our church. Jack is still friends with several of his classmates who attended the course.

I highly recommend this week-long course. It is intensive. But unlike the Outward-Bound opportunity, it is in an environment that our children are familiar with. There will be an adult member

needs this opportunity; your Church and your community need your child to have this opportunity to grow. MWLS offers partial tuition assistance on a limited basis through the Flame Keepers Fund. They offer scholarships to assist individual students with their out-of-pocket expenses. Scholarships are typically \$150, which will be applied to the Student Tuition if granted. Scholarships must be requested by May 15th in order to qualify for assistance and to be considered. Scholarship applications are reviewed on a first-come, first-served basis and may be granted while funds are available. **You can**

Scholarships application deadline May 15



from our Church also attending so there will be at least one familiar face. Your child will be stretched and challenged in a structured and safe environment. If you need to accept the scholarship, don't be ashamed. The Church and our greater community is reaping the benefits of benefits of your child receiving this training. Your child

apply when you register online.

This financial investment in leadership training is shared by the attendee and the congregation.

For more detailed information about MWLS, please see the website: <https://www.mwls.org> or Facebook Facebook page: <https://www.facebook.com/mwls.org>

UUCTC Membership *(Continues from page 8)*

financial support *as we can*. You may have very few resources to share. Every member's contribution is valued; that makes the sharing no less valued.

When do I pledge?

Our stewardship campaign is held every Fall. The deadline varies, but

is with pledge cards distributed usually around mid-October. The pledge amounts data is needed to plan the budget for the following calendar year. Making and fulfilling a pledge is a requirement of membership. Submitting your pledge card quickly makes the Stewardship Committee's work much easier.

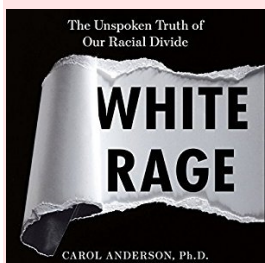
When is the next membership class?

Membership chair, Jada Haughey, is organizing a new member class for Saturday March 24. Look for announcement in the weekly Order of Service or contact her at ladyjada@hotmail.com.



The Greater Lafayette Racial Reconciliation Spring 2018 Community Read

Submitted By Kirsten Reynolds



Spring 2018
Greater
Lafayette
Racial
Reconciliation
Read is White

Rage by Carol Anderson. This is a small group discussion about the book. We will discuss the history of racial discrimination and how it

continues to exist today. We will discuss our (conscious and unconscious) participation in this discrimination, and how we can be better allies. This is for high school or older as the discussion will be painful and intense.

The book discussions hosted by Social Justice are held on Thursday evenings, beginning April 5th from

6:00 PM to 8:00PM.

Apr. 5th UUCTC RM 101/103

April 12th UUCTC RM 102

April 19th UUCTC RM 102

Apr. 26th UUCTC RM 102

May 3rd UUCTC RM 214

Join Us!



Spring Plant Sale!

Affordable veggie starts, herbs,
perennials & annuals!

April 28th
9:00am to Noon

Unitarian Universalist Church
333 Meridian Street
West Lafayette

take a night off from cooking and enjoy some
Pizza & Pasta with Personality



Tuesday, March 6th

4PM TO CLOSE • DINE-IN, CARRYOUT OR DELIVERY

Present this flyer when you pay and UUCTC
will receive 20% of the total amount you spend

DINE-IN || CARRYOUT || DELIVERY || OPEN EVERYDAY

300 Brown Street, Lafayette, IN 47906 • (765)746-5000

West Lafayette at Wabash Landing

see our full menu at www.puccinissmilingteeth.com

SAVE THE DATE

Mar. **Change 4 Change**
Recipient: Habitat
for Humanity

Mar. 4th Membership
Committee Call-out
After Service
(101/103)

Mar. 6th Puccini Fundraiser
4 PM to 10 PM
UUCTC Program
Council (101/103),
6 PM

Mar. 13th **UUCTC Board**
Meeting (101/103),
7 PM

Mar. 23rd Ostara Spring
Equinox Service
7 PM (101/103)

Mar. 24th Membership Class,
10 AM to 2 PM,
lunch provided

Apr. 5th The Greater Lafayette
Racial Reconciliation
Spring 2018
Community Read
101/103, 6 PM

Apr. 28th Annual Plant Sale

May 5th Unity Fair

May 12th Rummage Sale



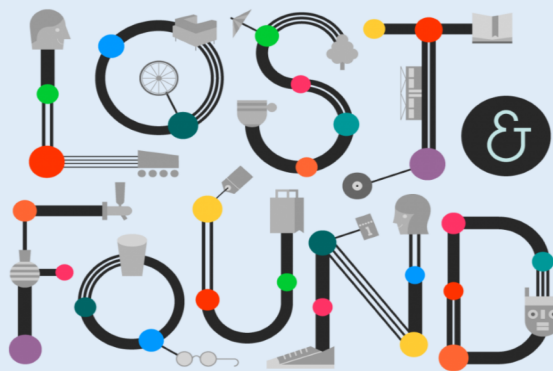
Lighted Chalice...

Unitarian Universalist
Church of Tippecanoe
County (UUCTC)

333 Meridian Street
West Lafayette Indiana 47906
Phone 765 743 8812
Fax: 765 743 8845
E-mail: office@uuctc.org
Website: www.uuctc.org
Facebook: UUCTC

Email submissions to
lightedchalice@uuctc.org

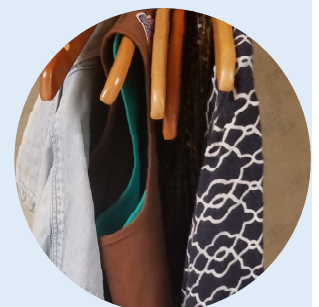
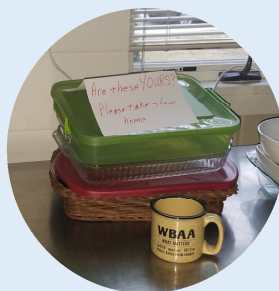
Submission Deadline is the
15th of month;



- ◆ Have you misplaced keys?
- ◆ Or have a child who can't find their jacket?
- ◆ Missing a piece of jewelry?
- ◆ Don't remember where you last had it?
- ◆ Left it in the Forum?

Visit the Lost and Found Area

In the closets, near the administrative offices



Unclaimed items will be donated to the Rummage Sale